



YEAR 2019-2020

Paper Quilling Art - Beginner to Advance

"Paper Quilling Art - Beginner to Advanced" is designed in such a way that it is useful for the beginners as well as the experienced quillers. The methods used here are simple to digest yet effective enough to create some extra-ordinary Art works. Through this course I will share with you not only the basic techniques of Quilling but also every little tips and tricks that I have learnt through my experience of over 7 years.

By using these Quilling lectures you can learn to create wonderful piece of art such as greeting card, photo frame, beautiful portraits, colorful butterflies, birds, flower bouquet, decorative wall hangings and many more.

The technique of Quilling requires some time to get accustomed to but once you adopt to it your level of creativity will be beyond your imagination. After taking this online Quilling course you will not only be able to create gorgeous artworks, you will feel immense joy while working with the colorful quilling strips. It will also enhance your patience and it will work as a tool of meditation which will increase your concentration level manifolds. So dive into the creative world of Paper Quilling!!

Syllabus-Course content

7 sections	30 lectures
1. Introduction to Paper Quilling	3 lectures
• Introduction to Quilling • Materials Required for Quilling • Quilling Tools	
2. Quilling Shapes	3 lectures
• Basic Quilling Shapes • Advanced Quilling Shapes • Scroll Shapes	
3. Project 1: 3D Quilling Butterfly	8 lectures
• Introduction to Project 1 : 3D Quilling Butterfly • Drawing of a Butterfly • Making of Upper Wing of Butterfly : Part -1 • Making of Upper Wing of Butterfly : Part -2 • Making of Lower Wing of Butterfly : Part -1 • Making of Lower Wing of Butterfly : Part -2 • Making the body and Final Assembly • Final outcome of Project 1: 3D Quilling Butterfly	
• Project 2: 3D Quilling Sunflower • Making a 3D Quilling Sunflower • Assembling the Sunflower and making the Plant	2 lectures

- Project 3: 3D Quilling Flower Bouquet 6 lectures
- [Introduction to Project 3: Quilling Flower Bouquet](#)
- Making Procedure of Single Colored 3D Quilling Flower
- Making Procedure of Multi-Color 3D Quilling Flower
- Making Procedure of Quilling Leaves
- Assembling the Quilling Flower Bouquet
- Final outcome of Project 3: Quilling Flower Bouquet
- 4. Project 4: Quilling Portrait (Quilling Girl) 8 lectures
- [Introduction of Project 4: Quilling Portrait \(Quilling Girl\)](#)
- Making the Bodyline of Portrait using Kirigami Technique
- Making of Outline
- Using Comb technique to make hairline.
- Making of Colorful Heart Shape
- Decorative outlining of Dress
- Assembling the Gorgeous Dress
- Final outcome of Project 4: Quilling Portrait (Quilling Girl)

Syllabus Out Come

- Learn to make various Quilling Shapes
- Learn Quilling techniques by doing 3 beautiful Quilling projects
- Learn to make different designs and techniques to make a Quilling Portrait
- Paper Quilling Art
- Get accustomed to Quilling Paper and different Quilling Tools
- Learn to make different types of flower and leaves to make a Quilling Flower Bouquet
- Learn different Quilling techniques from this course and use it to fuel your imagination to create masterpieces

Mehendi Design Course

Introduction: Ms. Sheetal Vora conducted a Mehendi course with a duration of 30 hours for a group of 15 students. The course aimed to teach students the art of applying Mehendi designs, covering various techniques, styles, and applications.

Course Objectives:

- To introduce students to the fundamentals of Mehendi application.
- To teach students different Mehendi designs, patterns, and motifs.
- To provide hands-on practice in applying Mehendi on different surfaces.
- To familiarize students with traditional and contemporary Mehendi styles.
- To enable students to develop their creativity and artistic skills in Mehendi application.

Course Structure and Delivery: The Mehendi course conducted by Ms. Sheetal Vora comprised 30 sessions, each focusing on different aspects of Mehendi artistry. The sessions were interactive and practical, allowing students to learn through hands-on experience. Ms. Manyar utilized demonstrations, tutorials, and individual guidance to ensure effective learning.

- **Outcome:** By the end of the Mehendi course, students had acquired proficiency in Mehendi application and design. They demonstrated the ability to create intricate Mehendi patterns and motifs with precision and creativity. The course not only equipped students with practical skills but also instilled confidence in their artistic abilities.

Conclusion: Ms. Sheetal Vora's Mehendi course was successful in providing students with comprehensive training in Mehendi artistry. The hands-on approach, personalized guidance, and focus on creativity contributed to the overall success of the course. Students emerged with a deeper appreciation for Mehendi art and the confidence to pursue careers or hobbies in Mehendi application.

Course Outline:

1. Introduction to Mehendi

- History and cultural significance of Mehendi
- Overview of different types of Mehendi (traditional, bridal, contemporary)
- Introduction to Mehendi tools and materials

2. Preparation of Mehendi Paste

- Selection of henna powder and other ingredients
- Mixing and preparing Mehendi paste
- Tips for achieving optimal paste consistency

3. Basic Mehendi Designs

- Introduction to basic Mehendi patterns: lines, dots, shapes
- Practice creating simple motifs: flowers, leaves, peacocks, paisleys

4. Traditional Mehendi Designs

	• Study of traditional Mehendi designs from different cultures (Indian, Arabic, Moroccan, etc.) • Techniques for creating traditional patterns: mandalas, motifs, geometric shapes
5. Bridal Mehendi	• Understanding the significance of bridal Mehendi • Designing bridal Mehendi patterns: full hand designs, intricate motifs, bridal motifs (dulha-dulhan, kalash, baraat)
6. Contemporary Mehendi Designs	• Exploring modern Mehendi trends and styles • Techniques for creating contemporary designs: fusion patterns, minimalistic designs, jewelry-inspired motifs
7. Advanced Mehendi Techniques	• Layering and shading techniques for adding depth and dimension to Mehendi designs • Incorporating embellishments: glitter, stones, pearls
8. Practice Sessions	• Dedicated practice sessions for honing skills and mastering various Mehendi techniques • Feedback and guidance from the instructor
9. Design Composition and Placement	• Principles of design composition and symmetry in Mehendi • Planning and executing Mehendi designs on different body parts: hands, feet, arms
10. Client Consultation and Communication	• Conducting client consultations for understanding design preferences, cultural considerations, and occasion requirements • Effective communication skills for delivering Mehendi services professionally

Delivery Method: The course will be delivered through a combination of lectures, demonstrations, hands-on practice sessions, and individual and group projects. Students will have access to Mehendi tools and materials during class sessions.

Assessment: Assessment will be based on participation in class activities, completion of assigned Mehendi designs, and overall improvement and creativity demonstrated throughout the course.

Outcome: By the end of this course, students will have acquired a strong foundation in Mehendi design techniques and will be able to create a variety of traditional and contemporary Mehendi patterns for different occasions. They will also develop the skills necessary to provide Mehendi services professionally, if desired.